



2010 Flu Season

This will be a busy flu vaccination season this year! Companies have started booking their seasonal flu clinics.

This year the H1N1 has been added as one of the 3 vaccine strains. This means you will only get one shot this year instead of two. Our vaccine is in. We can begin scheduling flu clinics starting the last week of September. Although many people think that it is too late to get a flu shot in December and January, these months are well within the flu vaccination period. The flu typically does not hit Massachusetts until February and March.

What is the price of a flu shot?

With the inclusion of the H1N1 the price of vaccine has gone up substantially. We will be charging \$25/person which is an increase of \$1.00. The minimum cost of a flu clinic is \$400.00 or 16 people. We ask you to give us a very accurate estimate of the number of your employees who will be receiving flu shots because flu vaccine is non-refundable and is very expensive. We can help you figure out your estimate. We keep track of previous flu clinics. If this is your first flu clinic then we suggest using an estimate of 30% of your total employees.

What is the First Step?

Go to our website: www.healthpromotionaffiliates.com and go to the Flu section. Download all the flu information and send in your Flu Request form with your deposit and 3 optional dates for your clinic. Be sure to make copies of the Consent form for the employees receiving a flu shot. We will confirm the date with you upon receiving your Request Form. You can also get current information on the swine flu vaccine on our website

**Health Promotion Affiliates *Your Wellness Partner*
56 Kearney Road Note: (This is a new address)
Needham, MA 02494
Rich Rotondo and Anne Calhoun
Phone:781-449-2233 E-Mail:mca.hpa@verizon.net**